

# uHoWL

## Research Study

**Are you interested in a research study about women's reproductive hormones?**

This research plans to learn more about the relationships between reproductive hormones, metabolic health, and energy restriction.



### ▶▶ WHO QUALIFIES FOR THIS STUDY?

- Women ages 18-40, BMI 27-45 kg/m<sup>2</sup> - [calculate your BMI here](#)
- Have regular menstrual cycles
- Not using hormonal birth control
- Willing to maintain weight, physical activity, and dietary habits during study participation



### ▶▶ BENEFITS FROM PARTICIPATING:

- Free blood and body measurement tests
- Free measurement of metabolic rate
- Compensation up to \$380

**SCAN TO SEE IF YOU QUALIFY** →

For more information:



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