



Research Volunteers needed  
for 1 year research study looking at  
your body's response  
to dietary changes  
after completing  
*free weight loss* program.

### QUALIFICATIONS

- 30-50 year old male or female
- Weight stable with BMI between 30-38 – check it here:  
[https://www.nhlbi.nih.gov/health/educational/lose\\_wt/BMI/bmi-m.htm](https://www.nhlbi.nih.gov/health/educational/lose_wt/BMI/bmi-m.htm)
- Generally healthy, without diabetes, sleep issues or heart disease.
- Motivated to lose weight
- For more details visit:  
ARROW@ucdenver.edu

### **FINANCIAL COMPENSATION**

#### CONTACT US:

ARROW@ucdenver.edu

Volunteers must meet all study criteria and be confirmed by study personnel.

WELLNESS  
CHANGES  
EVERYTHING

