



DO YOU HAVE GESTATIONAL DIABETES?

Would you like help with your GDM Diet?

**Research Subjects Needed to Participate in a
Diet Research Study in Women with Gestational Diabetes**

Who can qualify?

- **Highly motivated pregnant women with Gestational Diabetes not taking medicine for blood sugar control**
- Women willing to follow 1 of 2 healthy diets for blood sugar control
- Women willing to complete 6 visits during pregnancy with infant follow up
- Gestational age: <31 weeks; singleton pregnancy
- **Healthy** women, age: 20-36 years
- **No high blood pressure**
- Overweight or Obese

In this study:

- Delivery will be at University of Colorado Hospital
- **Meals will be provided**
- Dieticians will offer nutritional support
- Financial compensation for participation will be given



If interested, please email:

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COMIRB #14-1358

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The Infant GOLD Study Group

Colorado Program for Nutrition and Healthy Development

