



Are you Interested in a Breast Milk and Infant Growth Research Study?

Research Subjects Needed to Participant in a Pregnancy and Breastfeeding Study

❖ Study Purpose:

- To examine how maternal size and diabetes status may affect breast milk.
- To learn why some infants gain weight fast and what parts of breastfeeding may help prevent this.

❖ We are looking for pregnant women who:

- Are between 20 and 35 years old.
- Are planning on exclusively breastfeeding their infant for at least 4 months.
- Are planning to deliver their baby at University of Colorado Hospital (UCH).
- Are normal weight, overweight, or have gestational diabetes.

❖ Participation will include:

- Donating several small samples of breast milk and 2 small blood samples over the first 4 months after birth.
- Bringing your baby to Children's Hospital Colorado two times for body fat measurements.
- Completing questionnaires on your diet and your baby's breastfeeding habits.

**You will be compensated for your participation.
If you are interested or have questions, please call:**

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