

WEIGHT LOSS PRICING & SERVICES

SERVICE	PRICE	NOTES
<u>Weight & Wellness Programs</u>		
MD Consultation	\$249	
Physician Directed Weight Loss	Co-pay	Varies depending on insurance coverage
WIFI	\$1050	Fertility focused weight loss program, 10 sessions, spouse or partner may participate (initial consult billed to insurance)
VIP Programs	Variable	Variable pricing dependent on custom program choices
<u>State of Slim</u>		
Group Class	\$899	16-week group program with trained State of Slim coach
SUPERCHARGED Class	\$1499	16-week group program with Dr. Holly Wyatt (limited availability)
Individual	\$1999-2999	One-on-one with a registered dietitian or an MD, respectively
Fitness Membership	\$199	16-week membership for SOS participants
Membership & Group Training	\$99/month	16-week membership, weekly group training for 10 SOS participants
SOS Group Training	\$249	16 comprehensive group personal training session directly following your SOS class
<u>My New Weigh</u>		
Group	\$999	Enrollment and program fees
Individual	\$1799	Enrollment and program fees
MD Visit	\$119	Optional
Meal Replacements	\$80	Average weekly cost for both group and individual program
Fitness Membership	\$299	24-week membership for My New Weigh participants (optional)
STRIDE	\$200	Per 8-week session
<u>Nutrition & Lifestyle</u>		
24-hour Diet Recall	\$79	
72-Hour Diet Recall	\$99	
Nutrition Pathways	Starting at \$129	Nutrition goal setting with a registered dietitian, packages available
Sports Nutrition Consultation	Starting at \$129	
Well Prep	Starting at \$1538	2 BOD PODs, 4 RD visits, 16 PT visits and behavioral changes
Weight Maintenance Small Groups	Starting at \$219	Package options for 2-4 people and 4-8 sessions, pricing varies accordingly
Support for Success	Starting at \$299	3 personal training sessions, 1 session with a registered dietitian
<u>Body Composition & Metabolism</u>		
BOD POD	Starting at \$69	
DEXA Scan	\$139 or 2/\$198	
RMR	Starting at \$89	

Discounts for services may apply for fitness members and program participants

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WELLNESS
CHANGES
EVERYTHING

